

# QUESTIONS TO INITIATE REFLECTION

## North Carolina Department of Public Instruction

### Select and Describe

1. Why have you selected this lesson to reflect upon?
2. To which class did you teach this lesson?
3. What are the demographics of the class (race, gender, age, etc.)
4. What was the content of the lesson?
5. Where does the lesson fit in your curriculum? Unit plan?
6. What did you teach before this lesson? After?
7. What were your expected outcomes?
8. What did you and your students do during the lesson/roles you played?
9. What kinds of questions did you ask?

### Analyze

10. How did you present the material?
11. How were students engaged in learning?
12. Did students react to one another as well as to you?
13. How did things go? What was your overall impression of your effectiveness?
14. How did you measure what students learned?
15. Did you relate this to previous learning or students' shared experiences?
16. How did you account for diversity in the lesson?

### Appraise

17. What was effective/ineffective about your teaching techniques in this lesson?
18. Did you achieve desired outcomes?

19. Were there outcomes achieved that you did not expect or plan for?
20. How did students react to the materials you chose or the methods you used?
21. Did the lesson achieve or help achieve a class or school goal (Common Core, AFNR)?
22. How does the lesson relate to your philosophy of teaching?
23. Describe the environment. Did it allow for intellectual comfort/risk-taking?

### Transform

24. What techniques/materials from this lesson will you continue to use? Which ones will you stop using or modify? Why?
25. Based on how well the students learned the material, what will you do next?
26. How will you continue to develop your personal teaching techniques based on the internal/external feedback from this lesson?
27. What did you learn from your students?

### Overall (W. Camp, T. Park)

28. What did you learn this week about **teaching**?
29. What did you learn this week about **students**?
30. What did you learn this week about **schools and education**?
31. What did you learn this week about **agriculture**?
32. What did you learn this week about **yourself**?

**Questions for Teacher Reflection** (Clements, 2013, adapted)

### **Classroom Culture – Questions to Ask About Your Rules & Relationships**

1. Are the relationships that I have with my students helping or hindering their ability to learn?
2. Could the problems I have in my classroom be solved by pre-teaching my expectations or developing rules/procedures to deal with these issues?
3. Was my demeanor and attitude towards my class today effective for student learning?
4. Am I excited to go to work today?
5. Are my students excited to come to my class today? (How much does #3 impact #4?)
6. What choices have I given my students lately?
7. Can I explain at least *SOMETHING* about each of my student's personal lives?

### **Curriculum and Instruction – Reflection on Assessment & Grading Practices**

8. Does my gradebook accurately reflect student learning?
9. Do my assessments really reflect learning, or merely task completion or memorization skills?
10. Why did I REALLY choose this particular lesson to cover this objective?
11. What evidence do I have my students are learning?
12. What new strategies have I tried lately that might benefit a student I am struggling with?

13. In what ways am I challenging students who are clearly being successful in my classroom?
14. What do I do when students aren't learning in my classroom?
15. Which students benefited from this activity?
16. Which students did not benefit from this activity?

### **Collaboration – ?s to Ask Ourselves About Our Place in a Professional Learning Community**

17. In what areas can I improve professionally?
18. Do my actions as a teacher show my belief that all students can learn at a high level?
19. Do my actions as a teacher show that I take pride in my work?
20. Are the relationships I have with my colleagues conducive to creating a collaborative culture focused on learning?
21. Are the relationships I have with my student's parents conducive to improving learning?

### **Mental Health – ?s to Help Teachers Maintain a Healthy Outlook**

22. What new ideas have I tried in my classroom lately to keep myself energized about teaching?
23. What have I done lately to relieve stress and focus on my own mental health, to ensure I remain an effective teacher?
24. What things am I currently doing that I could realistically make less of a priority in my profession?
25. How much time have I spent with my friends and family in the last two weeks?